

How to Tie a Belt

1. Leave about 12" of tail hang to the right side of the student's body.
2. Take the other (long) end and wrap it around twice.
3. Working with the same end, go under and behind everything
4. Bring that end up and out to the front
5. Take the same end and wrap it on top of and around the 12" tail.
6. Pull it through
7. Make knot tight by quickly pulling on each tail simultaneously.

