

# Promotion Exam Questions

For Current 1Dan Level 2 and 3

## Children Level 2 Question (age 7-12)

1. Why don't color belt students learn weapons training?

**Because we must develop responsibility and self-control before using weapons, Sir/Ma'am!**

2. How is black belt training and color belt training different?

**Color belts memorize basic motions, focusing on general body position, now we must perform each motion precisely *while relaxed* in order to maximize power and efficiency, Sir/Ma'am!**

3. What is one way to be a good example to the color belts?

**Always take the time to bow properly every time I greet someone, Sir/Ma'am!**

4. What is the part of the Student's Oath?

**I will demonstrate the spirit of Taekwondo within my daily life, and will have a strong sense of justice, Sir/Ma'am!**

## Adult Level 2 Question (age 13-Up)

1. What does the Palgwe Sam Jang poomse represent?

**It is symbolic of one's passion, flickering and flaring at different intervals, and engulfing everything in its path, Sir/Ma'am!**

2. What does the student learn from Palgwe Sam Jang?

**The student learns to develop a multitude of quick, successive techniques, Sir/Ma'am!**

3. What were the five principles that the Hwarang thought most important regarding human relations?

**Kindness, justice, courtesy, intelligence, and faith, Sir/Ma'am!**

4. How did the Hwarang improve their moral principles and military skills?

**To harden their bodies, they climbed rugged mountains and swam turbulent rivers in the coldest months, Sir/Ma'am!**

**To improve their moral character they studied arts, literature and the moral tenets of the HwaRang, Sir/Ma'am!**

5. What is the part of the Student's Oath?

**I will demonstrate the spirit of Taekwondo within my daily life, and will have a strong sense of justice, Sir/Ma'am!**

## Children Level 3 Question (age 7-12)

1. How is black belt training and color belt training different?

**As a color belt I had to think before I threw any technique, now as a black belt my technique should occur as a muscle reflex and my brain will realize what happened afterwards, Sir/Ma'am!**

2. What is the correct and true path to becoming a leader and role model?

**I must consistently demonstrate Taekwondo Chung Shin and a strong work ethic inside and outside of the studio over an extended period of time, Sir/Ma'am!**

3. What does "Geumgang" (name of your poomse) mean?

**It means "diamond" and signifies "hardness" and "reflection," Sir/Ma'am!**

## Adult Level 3 Question (age 13-Up)

1. What does the Palgwe Sa Jang poomse represent?

**Its strikes and blocks, which instantly follow each other, represent thunder and lightning, which evoke fear in many people, Sir/Ma'am!**

2. What does Palgwe Sa Jang teach the student?

**It teaches the student to be calm, even in the face of impending danger, Sir/Ma'am!**

3. What is the correct and true path to becoming a leader and role model?

**I must consistently demonstrate Taekwondo Chung Shin and a strong work ethic inside and outside of the studio over an extended period of time, Sir/Ma'am!**

4. What does "Geumgang" (name of your poomse) mean?

**It means "diamond" and signifies "hardness" and "reflection," Sir/Ma'am!**

5. What was the 16 year old Hwarang leader, Kwan Chang, known for?

**During a battle he was captured. After he had been disarmed, he broke free of his two guards, neutralizing them with his hands and feet. He then attacked the opposing general's second in command with a flying reverse turning kick to the head of the commander, who sat eight feet high atop his horse, Sir/Ma'am!**