

Promotion Exam Questions

For Current 1Dan Level 4 and 5

Children Level 4 Question (age 7-12)

1. What happens if a student has strong physical technique but is mentally weak?

They will lack a sense of what is right and simply be a fighter not a martial artist, Sir/Ma'am!

2. How is black belt training and color belt training different?

As a color belt I was easily distracted by myself and others while performing my technique, Sir/Ma'am!

As a black belt, I should be calm and extremely focused so that nothing can distract me, Sir/Ma'am!

3. What is part of the Student's Oath?

I will, to the best of my ability, try to develop my mind and body, and keep faith in my fellow students, Sir/Ma'am!

Adult Level 4 Question (age 13-Up)

1. What does the Palgwe O Jang poomse represent?

It represents wind which is an element of nature that can be gentle or destructive. This form teaches the student to combine and alternate gentleness with strength and speed, Sir/Ma'am!

2. What is one way to be a good example to the color belts?

I will, to the best of my ability, try to develop my mind and body, and earn the trust of my fellow students, Sir/Ma'am!

3. What historical theme dominates the "Geumgang" poomse?

The "Geumgang Yeoksa" or "Geumgang Warrior" who represents the mightiest warrior, Sir/Ma'am!

4. What was the power level of the Hwarang Taekkyon techniques?

The HwaRang punches could penetrate the wooden chest armor of an enemy. The foot techniques were said to be executed at such speed that opponents frequently thought that the feet of Hwarang warriors were swords, Sir/Ma'am!

5. What is part of the Student's Oath?

I will, to the best of my ability, try to develop my mind and body, and keep faith in my fellow students, Sir/Ma'am!

Children Level 5 Question (age 7-12)

1. What happens if a student is mentally strong but does not practice and has weak physical technique?

Their body will not be healthy leading to a loss of mental strength as well, Sir/Ma'am!

2. What is part of the Students Oath?

I will, under no circumstances, use Taekwondo techniques against other without a good cause, Sir/Ma'am!

3. How is black belt training and color belt training different?

As a color belt it was hard for me to identify my own weaknesses, Sir/Ma'am!

As a black belt I should be able to determine what I need to practice more based on whether it is comfortable and second nature or not, Sir/Ma'am!

4. What does the shape or pattern of the Geumgang poomse represent?

The poomse line is symbolic of the Korean/Chinese letter for Geumgang. The movements should be powerful and well balanced so as to befit the black belt's dignity, Sir/Ma'am!

Adult Level 5 Question (age 13-Up)

1. What does the Palgwe Yuk Jang poomse represent?

It represents water which is an element that never loses its composure, and this leads to its inherent strength.

2. What does Palgwe Yuk Jang teach the student?

It teaches the student that they can overcome any problems in life without sacrificing their state of being, Sir/Ma'am!

3. What does the shape or pattern of the Geumgang poomse represent?

The poomse line is symbolic of the Korean/Chinese letter for Geumgang. The movements should be powerful and well balanced so as to befit the black belt's dignity, Sir/Ma'am!

